



# A Best Choice Mobile Ultrasound

Northern Virginia's Only Direct Service Mobile Ultrasound Outreach  
and Pregnancy Resource Center

March 2017 NEWSLETTER

## 12 Babies Saved!

Thanks to *your* generous support, during 2016, A BEST CHOICE has:

- Counseled 80 women,
- Given 76 free ultrasounds, and

*Helped 12 abortion-minded women choose life for their babies!*

Your support made it possible for our ministry to offer free ultrasounds and counseling to abortion-minded women (many of them low income) outside the Alexandria abortion facility on Tuesdays and the Falls Church abortion facility and at George Mason University on Wednesdays.

THANK YOU! Your support saved 12 precious lives! We are overjoyed that God has allowed us to serve His purposes! Here's a quick look at the results your support helped us achieve:



**Kanen**  
Born:  
February 4, 2016



**Lillian**  
Born:  
July 6, 2016



**Lucas**  
Born:  
February 13, 2016



**Aziza**  
Born:  
February 24, 2016



**Carter**  
Born:  
November 6, 2016

**Aryane** • born February 24, 2016      **Carter** • born August 24, 2016      **Matthew** • born November 4, 2016

There are two moms waiting to give birth and two moms who should have delivered this February.





## Stories to inspire

**Rachael** (names have been changed to protect confidentiality) came to A Best Choice, concerned that she was pregnant at age 45 and fearing she may be carrying a Down Syndrome baby. She said she already had grown children and wasn't prepared for another baby, much less one that might have Down Syndrome.

We explained to her the gift of life that she was carrying, a little boy or girl, worthy of life, even if the baby had Down Syndrome. Rachael had many concerns, especially the quality of life that her child would have. We explained that Down Syndrome children are very loving and there are many wonderful examples of them leading quality lives. They're happy they're alive and so are their families!

We were able to show her an ultrasound of her baby and she became convinced that even though her baby might have Down Syndrome, she could give and receive love unconditionally and she now saw her pregnancy as a blessing. We explained to her that God has a plan for all of us and that He doesn't give us any situation that He does not equip us to handle.

Rachael gave birth to a beautiful baby boy, Lucas, on February 13<sup>th</sup>, who did not have Down Syndrome. However, she said that even if he had been so diagnosed, she would love him just as much. Rachael said that she and her family grew closer to God and became more faithful through this experience.

She was grateful for the emotional and spiritual support we gave her at a time when she needed it the most. She said that after speaking to us she was better able to trust in God's plan, and found strength to be faithful whatever the circumstances.

Another situation involved **Julie**, whose boyfriend was pressuring her to abort since he already had children and his divorce hadn't been finalized. To add to the stress, she was smoking and had bulimia, making things even more difficult for her and her unborn baby.

Julie came to us for an ultrasound with the intention of having an abortion afterwards. However, after our counseling and learning that her baby had a beating heart, eyes, brain waves, and seeing the life-sized models of babies from nine weeks to twelve weeks, she was leaning more towards life.

Then we showed her the baby on ultrasound. Julie looked, thought, and immediately told us:

***No way was she was going to have an abortion!***

Julie gave birth to a beautiful baby boy named Aryane on February 24<sup>th</sup>. She told us it was a rough road, especially since the father of the baby is not involved, however she is living with her best friend who is very supportive.

***And Aryane is the love of her life!***





Another case involved **Tracy**, who had only been with her boyfriend for three months and got pregnant. He was totally against keeping the baby and said that he'd leave her if she didn't abort. Tracy was so in love with him and didn't want to lose him. They agreed to get an ultrasound with A Best Choice to make sure she was pregnant. We showed them their baby on ultrasound and explained that this child could feel pain, hear sound and wanted to be born.

***Right then, the father's perspective changed!*** Carter was born on November 6<sup>th</sup> and Tracy and her boyfriend are planning to get married within the year! Tracy said, "Carter looks just like his dad! His dad told me to say thank you for helping him get on board with the pregnancy because he couldn't live without Carter, even for a minute. He is the best thing to ever happen to us. We are so thankful to A Best Choice who showed us how important his life is because I'd be lost without him."



## **Daily operations**

Our client website, [www.abcwomenshealth.com](http://www.abcwomenshealth.com) has been in operation for a year and has brought many women to us and increased the number of ultrasounds we have given. We also have posted a new video of the beautiful baptism of Lilian Angelica, a "saved" baby. We would like to offer a special thank you to Fr. Mike Bazan for inviting her to be baptized at Sacred Heart Catholic Church, with Deacon Gerry Moore presiding. Mother and Lilian are doing well and the baptism has brought them back to the Church. If you would like to see the ceremony and inspirational video, please go to [www.abestchoice.us](http://www.abestchoice.us).

## **Thank you!**

We thank you for your prayers, support and gifts to A Best Choice Mobile Ultrasound which allow us to continue our mission of saving moms and babies from abortion by providing free ultrasounds, counseling, and emotional and financial support. We simply would not be able to offer our free services to moms in need and very low income women without your generous support.

If you would like to make a tax-deductible donation online, our website is [www.abestchoice.us](http://www.abestchoice.us) or you can mail a donation to A Best Choice Mobile Ultrasound, P.O. Box 7450, Woodbridge, VA 22195, with the enclosed envelope.

We would also like to thank Dave Ostrowski who helps us with the upkeep of the RV: Whenever we have a vehicle maintenance issue, Dave is there with a wrench, screwdriver, and a wealth of mechanical knowledge and experience!

Thanks to Dr. Kirsten Ball for her time and dedication in giving the ultrasounds to pregnant moms in need.





## **Pro-life Presentation to Youth**

We have been on the road taking our wonderful, Diocesan-approved, pro-life presentation, *When a Friend Says "I'm Pregnant"* to parish youth groups and Catholic schools. John Murray, pro-life coordinator at St. Mary of Sorrows, developed the presentation which he and Angela Clark present.

*When a Friend Says "I'm Pregnant"* provides information young people need to help a friend who experiences an unplanned pregnancy. We have given the presentation at George Mason University, Bishop O'Connell High School, Christ the Redeemer Church, and Our Lady of Angels Church. If you are interested in having us give a presentation to your church youth group or school, please call (703) 946-3077 to set a date. There is no charge for the presentation.

## **123ChatWithMe**

Thanks to John Murray, we've created a way for women to obtain our services by texting us at [123chatwithme.com](http://123chatwithme.com). A woman who might be reluctant to talk to a pregnancy counselor can simply visit the website on their smart phone, read about who we are, and begin to chat with us through "no pressure" texting. We're promoting the website by providing free eye-catching car magnets and holding large [123chatwithme.com](http://123chatwithme.com) signs outside abortion clinics. Women scheduled for abortion - or even just passing by - will see our sign and hopefully respond by sending us a text message - even from the abortion clinic waiting room! We hope that process will open the door and allow us to counsel and offer them a free ultrasound. If you would like to order free magnets, please call us.

